

## The 2008 CARE Health Fair – annual maintenance for YOU!

by Nancy Brinton

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You keep your RV and tow vehicle purring along with regular maintenance and check-ups, right? Well, get an up-to-date assessment of **your** health at the annual [CARE](#) Health Fair, April 7-12, 2008. The Fair begins April 7 and wraps up with a pancake breakfast on April 12.

The CARE Health Fair is a week-long opportunity for you to schedule a mammogram, stroke screening, bone density test, TB test, plus all blood tests including PSA without a doctor's prescription at very reasonable prices. There's also a schedule of seminars led by physicians and other health care professionals who will answer your questions and help you understand your test results.

Appointments must be made in advance for the mammogram and the screening. Blood tests will be done at CARE on April 7 and 8. Just come to the CARE Center, take a number and wait your turn. These are fasting blood tests.

To schedule your mammogram, call the Memorial Medical Center/Livingston at 936-329-8570 before March 31. The mammograms will be done on April 7 and 8.

Stroke Scan, Inc. will be doing the screenings on Wednesday, April 9. To make your appointment, call 1-866-935-7227.

While you're getting your health taken care of, please plan to have some fun with us. On Thursday, April 10, there's a celebration dinner – served up by "celebrities." Dinner is at 5PM and is followed by an evening of entertainment by the Livingston Community Band. Bring your appetite and your dancing shoes. On Friday evening, April 11, at 7PM, there's the annual Music & Memories dessert potluck and memorial celebration. Finally, enjoy the pancake breakfast on April 12 at CARE from 7-9AM. What a tasty way to end the week!

So, mark your calendar, schedule your tests and plan to spend a week with us at Rainbow's End.

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